



NEW SCHOLARSHIP OPPORTUNITY FOR RN NURSE MANAGERS

This year, VHCA will award up to two scholarships through the Commonwealth LTC Foundation Regier Nursing Scholarship to a DON or RN manager to participate in an innovative Nursing Leadership Institute (NLI). The applicant DON or RN manager must meet the NLI criteria **and** the VHCA Nurse Scholarship criteria. **Applicants must be an RN and submit their application directly to the VHCA Nurse Scholarship Committee no later than April 15, 2010.** The Nurse Leadership recipient will be determined at the June Nurse Scholarship meeting.

ABOUT THE FELLOWSHIP TO NURSE LEADERSHIP INSTITUTE

NLI Fellows will meet as a group quarterly for intensive two-day workshops in Richmond. The workshops are augmented by distance learning sessions that take place between the quarterly group meetings. All sessions are led by experts in management and leadership fields, including, but not limited to, the field of nursing. Fellows are awarded continuing education or academic credits at the completion of the Fellowship through collaboration with the Virginia Commonwealth University School of Nursing.

The NLI begins on September 23 and 24, 2010 and will continue until May 2011. The Institute experience is based on best practices in management education combining face-to-face sessions with distance learning instruction, mentoring and coaching.

NLI FELLOW RESPONSIBILITIES:

- ✓ Assure that your supervisor and facility administrator support your participation
- ✓ Attend all on-site sessions
- ✓ Participate in the distance learning instruction sessions
- ✓ Work with and communicate regularly with mentors and faculty
- ✓ Maintain regular email communication and check the Extranet site weekly
- ✓ Complete all assignments.

EMPLOYER RESPONSIBILITIES:

- ✓ Provide time off for five-face-to face sessions and guide the Fellows in finding appropriate management coverage to assure that they can attend sessions;
- ✓ Assist Fellow in the development of his/her leadership project,
- ✓ Identify a mentor for each Fellow.

If awarded by the Nurse Scholarship Committee, tuition to the NLI will be paid by the VHCA Nurse Scholarship program. (*Tuition covers costs of participation including hotel, meals, Institute materials and academic/continuing education credit.*)

HOW TO APPLY

Applicants must also submit a completed NLI application and return it to Nurse Leadership Institute, 1801 Bayberry Court, Suite 104, Richmond, VA 23226 or via email at info@virginianli.org.

For more information or to request additional application materials, please contact the Nurse Leadership Institute at 804.282.6282 or info@virginianli.org. The application may also be downloaded from www.virginianli.org. ***NLI applications may be submitted via mail or email and received by the Institute no later than 5 pm on Wednesday, May 26, 2010.***



NURSE LEADERSHIP INSTITUTE SCHOLARSHIP OPPORTUNITY FOR RN NURSE MANAGERS

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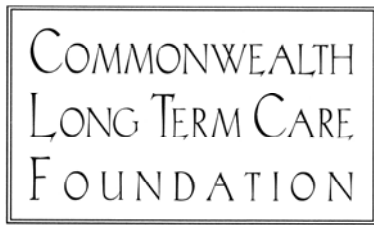
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EMPLOYER RESPONSIBILITIES:

- ✓ Provide time off for quarterly face to face sessions and guide the Fellows in finding appropriate management coverage to assure that they can attend sessions
- ✓ Assist in identifying and supporting the Fellows in the development of their leadership project
- ✓ Identify a mentor for each Fellow

Tuition will be paid through the VHCA Nurse Scholarship program. (Tuition covers costs of participation including hotel, meals, Institute materials and academic/continuing education credit.) More information about the NLI is available on their website at <http://www.virginianli.org/overview/>.



Inspiring Excellence, Empowering Leaders

2009 NURSING LEADERSHIP FELLOWSHIP APPLICATION

(Applications must be received by the VHCA Office by June 1, 2009)

INSTITUTE PURPOSE:

The Nursing Leadership Institute of Central Virginia (NLI) provides nurse managers with the opportunity to participate in an innovative leadership program. The NLI is limited to 30 nurse managers from across the region and is an innovative community-wide program. The Institute builds the management leadership skills in nurse managers from all sectors of health care – community hospitals, academic health center, public health, school nursing, long term care and home health. The Institute was developed to assure that future health care leaders have the training and expertise needed to meet the management challenges of the evolving health care system. *NURSE LEADERS FROM ACROSS VIRGINIA MAY APPLY.*

WHO SHOULD APPLY?

Nurse Managers and Directors and those who aspire to be nurse leaders from across the Virginia. *Public Health and Mental Health Nurses from across Virginia are invited to apply.* Priority will be given to current Nurse Managers with less than 5 years experience but anyone interested should apply (Many institutions use different titles for this role -- Applicants must have responsibility for supervision and leadership of a nursing unit; directly supervise nursing and other personnel; have responsibility for budget planning and management, patient care outcomes and satisfaction and some responsibility for staff hiring, evaluation and retention.)

Applicants should have:

- Demonstrated commitment to developing as a leader.
- Demonstrated desire to exert an impact on nurse retention and quality of care.
- A commitment to nine consecutive months of structured learning, self-study and project activity while continuing their current employment.
- Identification by their employing agency as an emerging nursing leader warranting investment.
- Applicant must be currently employed a minimum of six (6) months in a Virginia Health Care Association (VHCA) or Virginia Center for Assisted Living (VCAL) member facility.
- Applicant must agree to work for a minimum of one year at an Association member nursing or assisted living facility in Virginia following completing of the program.
- Applicant must submit a letter from their Administrator and Direct Supervision (if Supervisor is the Administrator then only one letter is needed) expressing their recommendation for the applicant.

Workshop Sessions will be held in September 23 and 24, 2009, November or December, 2009 and February, April and May, 2010.

Fellows will develop their management knowledge, skills and abilities to increase nurse retention and quality of care in their workplaces. The nursing shortage in Virginia is growing and retaining nurses in health care settings is as vital as increasing the supply of new nurses. Studies show that effective nurse manager leadership is a key factor in retaining nurses. Nurse turnover increases health care costs, impacts patient safety negatively, and reduces patient care access and quality.

The curricular content includes: analysis of models of effective leadership and management situations; exploration of organizational and individual factors that influence nursing leadership and administration with a focus on personnel performance, human, material and fiscal resources in a competitive institutional environment and relationships of clinical and administrative nursing roles and future practice models, assessment of quality patient outcomes models, integration of information technology, staff retention; communication skill building and the practical implications of various leadership styles on retention; discussion of the relationship of local, state and national policy and health care delivery and the role of nurses in affecting these policies. Through collaboration with the Virginia Commonwealth University School of Nursing, Fellows will be awarded continuing education contact hour credit for the completion of the Institute and may choose to earn academic credit.

In addition to completing the application, the applicant is required to submit a personal letter stating why she/he aspires to be a nurse leader. Please tell us about your personal career goals.

Statement:

*I have read and understand the instructions and criteria for application and eligibility for the Nurse Leadership Institute Scholarship. I authorize investigation of all statements contained in this application as may be necessary in arriving at a decision. I affirm that everything is true and correct. I agree to be personally interviewed by a Nurse Scholarship Committee Member. **I agree to work in an Association member facility for a period of at least one year after I have completed my nursing program. I agree to return money in full amount if I don't fulfill my obligations as stated above***

Name (please print): _____

Signature: _____

Date: _____

Please mail all of the information by June 1st to:

**Virginia Health Care Association
2112 West Laburnum Avenue, Suite 206
Richmond, Virginia 23227**

COMMONWEALTH LONG TERM CARE FOUNDATION

in affiliation with the

2009 CENTRAL VIRGINIA NURSE LEADERSHIP INSTITUTE (CVNLI) FELLOWSHIP

(Please type directly on this form and submit the typed application to the VHCA address)

APPLICATION FORM *(Must be postmarked by June 1, 2009)*

PERSONAL INFORMATION:

First Name:	Middle Initial :	Last Name:
Home Address:		
City:	State:	Zip: County:
Home Phone:	Cell Phone:	Email Address:

EMPLOYMENT INFORMATION:

Employer:	
Address:	City:
State: Zip: County:	Work Phone:
Practice Setting Type (underline your practice setting):	Hospital Nursing Home Community-Based (Public Health, Community Mental Health, Home Health, Office, School Health)
Current Job Title:	Clinical Area of Practice:
Number of years experience in Nursing Management :	

EDUCATION:

Please check each type of education you have completed and the year in which it was completed.			
Credentials that you use after your name (example – RNC, BSN)			
Diploma	Year:	Masters in Nursing	Year:
ADN	Year:	MS or MA in other field	Year:
BSN	Year:	Doctorate in Nursing	Year:
BS or BA in other field	Year:	Doctorate in other field	Year:

*SIGNATURE OF APPLICANT AND EMPLOYER:

_____ Signature of Applicant	_____ Date
_____ Signature of Chief Nurse Executive	_____ Date

Attach:

- Employer support letter that includes agreement to fulfill employer responsibilities.
- Your current resume.

Mail or email all of these materials to the **Commonwealth Long Term Care Foundation**, 2112 West Laburnum Avenue, Suite 206, Richmond, VA 23227. For questions email: kathy.robertson@vhca.org

COMMONWEALTH LONG TERM CARE CVNLI FELLOWSHIP APPLICATION

Please answer the following three questions by including:

- (a) How you will use the skills that you develop as a Fellow; and
- (b) Your background and abilities that make you an ideal candidate for this program as part of your answer.

Combined answers cannot exceed two typed pages.

1. What do you expect to learn from participating in the Institute and how will you use this new knowledge? Give specific examples.

2. Identify one critical issue in your work environment and describe the root cause of the situation.

3. Describe the role that you expect to be in five years from, how you will achieve this goal and how this Fellowship will help you achieve this goal.

[Empty response box]