

CARE OF THE COGNITIVELY IMPAIRED TEST QUESTIONS

1. Dementia is a normal part of growing old.
 - a. True
 - b. False

2. The following are signs and symptoms of dementia except
 - a. memory loss, confusion
 - b. poor judgment
 - c. increased problem-solving ability
 - d. language disturbance
 - e. impaired mobility

3. You can help reduce distraction in the client's environment by
 - a. Reducing the use of intercoms, buzzers or other background noises
 - b. Removing mirrors, confusing signs, and busy patterns
 - c. Having small groups for eating and activities
 - d. All of the above

4. Wandering behavior is not allowed in clients with dementia even if the environment is safe.
 - a. True
 - b. False

5. Which of the following statements is FALSE?
 - a. Hold the client's hand while you talk to provide needed stimulation
 - b. Provide clients with "busy boxes" with different objects and textures to explore
 - c. The family's suggestions are not necessary when planning care for the clients
 - d. A colored ribbon or picture of a favorite animal on the client's door can help reduce confusion

6. Give one direction at a time when assisting a client with dementia.
 - a. True
 - b. False

7. When communicating with clients with dementia, which of the following statements are TRUE?
 - a. Approach the client slowly from the front
 - b. Call the client by name, and remind them of their name
 - c. Smile, look and sound pleasant and calm
 - d. Non-verbal communication does not help client understand
 - e. Be on the same level as the client

8. The problem-solving approach in dealing with challenging behaviors includes
 - a. Identifying a challenging behavior
 - b. Identifying the triggers of the behavior
 - c. Looking for possible solutions
 - d. All of the above

9. Catastrophic reactions in clients with dementia can be prevented by avoiding similar situations that can cause outbursts.
 - a. True
 - b. False

10. Significant changes in client's condition that need to be reported and documented include
 - a. Behavioral symptoms, changes in ADL's
 - b. Changes in sleep pattern, signs of depression
 - c. Falls, vital signs, pain
 - d. All of the above