

Unit 3 Restorative Nursing

A. Anatomy and physiology with emphasis on the effects of aging (3 hours)

OBJECTIVES	CONTENT	TEACHING METHODS	EVALUATION METHODS
Upon completion of this unit, the student will be able to identify the body systems and describe the changes which occur with aging with 80% accuracy.	<p>A. The eleven body systems (Integumentary, Muscular, Skeletal, Nervous, Circulatory, Respiratory, Gastrointestinal, Urinary, Reproductive, Endocrine, & Lymphatic and Immunity)</p> <p>B. Effects of the normal aging process on the eleven body systems</p>	<p>A. Lecture B. Discussion C. Questions and answers D. Handouts E. Homework assignments</p> <p>Resource: <u>Successful Nursing Assistant Care</u>, Diana Dugan, RN, Hartman Publishing, Inc.</p> <p>(Student Workbook also available)</p>	<p>A. Homework assignments B. Quizzes C. Written exam</p>

B. Pathophysiology of common disorders of the elderly (3 hours)

OBJECTIVES	CONTENT	TEACHING METHODS	EVALUATION METHODS
Upon completion of this unit, the student will be able to demonstrate knowledge of common disorders of the elderly with 80% accuracy.	Basic pathophysiology of hypertension, angina, heart attack, congestive heart failure, peripheral vascular disease, diabetes, Parkinson's disease, stroke, chronic obstructive pulmonary disease	<p>A. Lecture B. Discussion C. Questions and answers D. Handouts E. Homework assignments</p> <p>Resource: <u>Successful Nursing Assistant Care</u>, Diana Dugan, RN, Hartman Publishing, Inc.</p> <p>(Student Workbook also available)</p>	<p>A. Homework assignments B. Quizzes C. Written exam</p>

C. Measures to assist clients with common medical problems (1 hour)

OBJECTIVES	CONTENT	TEACHING METHODS	EVALUATION
Upon completion of this unit, the student will be able to demonstrate knowledge of appropriate care measures for clients with common medical problems with 80% accuracy.	A. Definition and purpose of restorative care B. Appropriate care measures for residents with common disorders of the elderly	A. Lecture B. Discussion C. Questions and answers D. Handouts Resource: <u>Successful Nursing Assistant Care</u> , Diana Dugan, RN, Hartman Publishing, Inc. (Student Workbook also available)	A. Quizzes B. Written exam

D. Recognizing, reporting and documenting changes in a client's condition(1 hours)

OBJECTIVES	CONTENT	TEACHING METHODS	EVALUATION
Upon completion of this unit, the student will be able to recognize changes in a client's condition that require reporting and documentation with 80% accuracy.	A. Examples of reportable changes in a resident's condition B. Improved outcomes that may occur as a result of early reporting and intervention C. Components of proper documentation	A. Lecture B. Discussion C. Questions and answers D. Handouts E. Homework assignments Resource: <u>Successful Nursing Assistant Care</u> , Diana Dugan, RN, Hartman Publishing, Inc. (Student Workbook also available)	A. Homework assignments B. Quizzes C. Written exam

E. Techniques to maintain or improve a client's mobility and performance of activities of daily living(2 hours)

OBJECTIVES	CONTENT	TEACHING METHODS	EVALUATION
Upon completion of this unit, the student will be able to demonstrate knowledge of methods used to develop and monitor plans to maintain or improve a client's mobility and performance of activities of daily living with 80% accuracy.	A. The role of the care plan team B. Development of individualized goals C. Evaluation of progress toward goals D. The role of the therapist E. Criteria for admission to a restorative program	A. Lecture B. Discussion C. Questions and answers D. Handouts Resources: <u>How to be a Nurse Assistant: Career Training in Long Term Care</u> , American Health Care Association <u>Successful Nursing Assistant Care</u> , Diana Dugan, RN, Hartman Publishing, Inc. (Student Workbook also available)	A. Quizzes B. Written exam

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F. Rehabilitation procedures(16 hours)

OBJECTIVES	CONTENT	TEACHING METHODS	EVALUATION
Upon completion of this unit, the student will be able to demonstrate proper provision of restorative care using common tools and equipment with 95% accuracy.	<p>A. The purpose and proper use of tools and equipment in restorative nursing programs</p> <p>B. Safety considerations</p> <p>C. Cueing and prompting</p> <p>D. Motivation</p> <p>E. Meeting the needs of the individual client</p>	<p>A. Lecture</p> <p>B. Discussion</p> <p>C. Questions and answers</p> <p>D. Handouts</p> <p>E. Skills Checklist</p> <p>Resources:</p> <p><u>How to be a Nurse Assistant: Career Training in Long Term Care</u>, American Health Care Association</p> <p><u>Successful Nursing Assistant Care</u>, Diana Dugan, RN, Hartman Publishing, Inc.</p> <p>(Student Workbook also available)</p>	<p>A. Quizzes</p> <p>B. Written exam</p> <p>C. Demonstration</p>