

## RESTORATIVE NURSING SKILLS EVALUATION

### Coaching Client in the Use of Restorative Gym Equipment

**Student Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Instructor:** \_\_\_\_\_

	SATISFACTORY	UNSATISFACTORY
1. Washes hands before contact with client.		
2. Effectively explains task to client.		
3. Adjusts equipment to client's needs.		
4. Offers demonstration.		
5. Ensures client understanding of expectation.		
6. Places client safely at equipment.		
7. Supports client at initiation of equipment use.		
8. Provides remediation as required.		
9. Instructs & observes client regarding pain & discomfort throughout use of gym equipment.		
10. Offers positive reinforcement & praise appropriately.		
11. Assists client to discontinue use of gym equipment when task is complete.		
12. Returns client to a safe position of comfort.		
13. Leaves client call bell within reach.		
14. Returns equipment to proper place.		
15. Washes hands & documents as final step.		

**Coaching the Wheelchair Client in the Use of a Walker**

**Student Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Instructor:** \_\_\_\_\_

	<b>SATISFACTORY</b>	<b>UNSATISFACTORY</b>
1. Washes hands before contact with client.		
2. Ensures environment is safe.		
3. Adjusts equipment appropriately for client.		
4. Effectively explains procedure to client.		
5. Offers demonstration.		
6. Ensures client understanding of expectation.		
7. Ensures client has on safe footwear before standing.		
8. Locks wheelchair brakes.		
9. Folds back foot pedals.		
10. Places walker appropriately in front of client.		
11. Coaches client to standing by pushing up off of chair arms with feet flat on floor.		
12. Supports client during stand and assists client to grasp walker.		
13. Coaches client appropriately during walk.		
14. Provides remediation as required.		
15. Offers positive reinforcement & praise appropriately.		
16. Coaches client through turning around and returns safely to wheelchair.		
17. Returns client to safe position of comfort.		
18. Leaves client call bell within reach.		
19. Returns equipment to proper place.		
20. Washes hands & documents as final step.		

**Maintaining Client Safety During Restorative Care Procedures**

**Student Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Instructor:** \_\_\_\_\_

	SATISFACTORY	UNSATISFACTORY
1. Washes hands before contact with the client.		
2. Checks environment for safe conditions, including asking client about weakness.		
3. Makes sure equipment is in safety mode (brakes on, proper height adjustment, etc.)		
4. Instructs the client effectively and ensures understanding prior to starting.		
5. Makes sure client has on safe footwear prior to standing.		
6. Uses proper safety equipment (gait belt, etc.) appropriately.		
7. Uses proper body mechanics (back straight, knees bent)		
8. Moves client gently so as to avoid injury to the client.		
9. Maintains client safety during procedure.		
10. Safely returns client to sitting position using proper body mechanics.		
11. Leaves call bell in client reach.		
12. Leaves environment safe.		
13. Washes hands as final step.		