**For Immediate Release Contact:** Amy Hewett

August 6, 2018 amy.hewett@vhca.org

## **Front Royal Woman Selected for National Leadership Program**

*Crystal Larson of Lynn Care Center to Join Future Leaders of Long Term Care in America Program*

**Front Royal, VA – Crystal Larson**, Administrator at Lynn Care Center at Warren Memorial Hospital. has been chosen by the American Health Care Association and the National Center for Assisted Living (AHCA/NCAL) as a future leader in long term and post-acute care (LTPAC). After a competitive review process, Jackson was chosen as one of 40 long term care professionals selected from across the country. Larson will join the association’s Future Leaders program, a year-long program that offers training and guidance for LTPAC professionals.

“Crystal will get to share her wealth of knowledge about long term care with leaders from across the country and then share with VHCA-VCAL what she learns from the Future Leaders experience,” said Keith Hare, VHCA-VCAL President and CEO.  “We are excited she gets to participate in this opportunity.”

“At AHCA/NCAL we are always searching for the future leaders of our profession. After a thorough review, we have selected Crystal Larson as one of our future leaders,” said Mark Parkinson, President & CEO AHCA/NCAL. “Crystal has already made a positive impact on the lives of older people in their community and we are excited to be a part of their future.”

In describing her desire to participate in the program, Larson noted her 18 years of experience in a variety of roles in the long term care sector. “I am looking forward to this experience so that I can share my knowledge with my organization and VHCA,” Larson said. Prior to serving as Administrator at Lynn Care Center, she served as Administrator of the Extended Care Unit at Hampshire Memorial and Consultant Administrator for War Memorial Hospital Extended Care Facility, where she led the facility’s efforts to improve the overall resident satisfaction from 17 percent to 95 percent excellent. Larson also worked for American HealthCare, LLC in roles including administrator, director of rehabilitation, and marketing and admissions.

Larson began her career in LTC in occupational therapy. She holds a bachelor’s degree from Old Dominion University in health science. She and her husband Anthony reside in Wardensville, WV.

Since 2004, AHCA/NCAL has hosted LTPAC professionals in the Future Leaders program. Selected participants both demonstrate leadership potential and represent the interests of both state and national long term care providers. The year-long program covers the latest theories and practical applications in quality management, customer satisfaction, and leadership. The program kicks off with a two-day symposium held each year in Washington, D.C. This year’s symposium will take place September 26 – 28, 2018.

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**About AHCA/NCAL**

*The American Health Care Association and National Center for Assisted Living (AHCA/NCAL) represent more than 13,500 non-profit and proprietary skilled nursing centers, assisted living communities, sub-acute centers and homes for individuals with intellectual and developmental disabilities. By delivering solutions for quality care, AHCA/NCAL aims to improve the lives of the millions of frail, elderly and individuals with disabilities who receive long term or post-acute care in our member facilities each day. For more information, please visit*[*www.ahca.org*](http://www.ahca.org/%22%20/o%20%22Double%20Click%20to%20follow%20link)*or*[*www.ncal.org*](http://www.ncal.org/%22%20/o%20%22Double%20Click%20to%20follow%20link)*.*

**About VHCA-VCAL**

*The Virginia Health Care Association and the Virginia Center for Assisted Living (VHCA-VCAL) is a member-driven organization dedicated to advocating for and representing the interests of over 345 Virginia nursing and assisted living facilities, the over 90,000 residents and patients they serve annually through the selfless efforts of nearly 50,000 dedicated care-giving staff. VHCA-VCAL is the Commonwealth’s largest association representing long term care. For more information, visit* [www.vhca.org](http://www.vhca.org)*.*