

Consulting | Education | Interim | Resources



Colleen Toebe MSN- CWCN-RAC-MTA-RAC-MT Director of Consulting Services

1

# **Course Description**

 The Centers for Medicare and Medicaid Services revised guidance into the Long-Term Care Survey, implemented new regulatory provisions, and strengthened guidance on the current procedures. Additionally, CMS updated survey documents, including the Critical Element Pathway (CEP), that assist in investigating areas of concern. The guidelines address multiple areas, including staffing levels, infection prevention, and control, culturally competent care, abuse, and resident rights. The session provides insight into these changes, updates from CMS, and strategies to engage the interdisciplinary team in survey preparation.



# **Objectives**

- 1. Identify three strategies for a successful survey.
- 2. Examine the changes in the Long-Term Care Survey Process
- 3. Review the survey tools provided by CMS.



3

# Revisions - 7 month

effective date.  Effective Date   Document/File Name   Description of Change						
05/16/2023	Survey Resources	LTCSP Mapping Document-Streamlined – corrected the footnote date     LTCSP_UG_12.4.0_FINAL – corrected the footnote date				
05/12/2023	Survey Resources	Updates due to the end of the PHE and memo QSO-23-13-ALL:  L COVID-19 FIC Survey Folder  L TC Survey Pathways folder (CMS 20054- Infection Prevention Control and Immunization, CMS-2014) Arbitration)  Bentrance Conference Worksheet  L List of Revised Flags  L LTCSP Mapping Document-Streamlined  L LTCSP Mapping Document-Streamlined  L LTCSP (LG 12-4.0 FINAL)				
02/17/2023	Survey Resources     Appendix PP	Updated: 1. Fit Folder (Fit Survey Protocol) 2. LTC Survey Pathways (CMS-20068 Urinary Catheter or UTI) 3. Appendix PP State Operations Manual 4. Chapter 7 State Operations Manual 4. Chapter 7 State Operations Manual 6. LTCSP Procedure Guide 6. LTCSP Procedure Guide				
10/26/2022	Survey Resources     Appendix PP	Updated:  1. LTC Survey Pathways (CMS 20054- Infection Prevention Control and Immunization)  2. LTCSP procedure guide  3. FIF Folder (CMS 20054 – Infection Prevention Control and Immunization, Attachment A, QSO-23-02)  4. Appendix PP				
10/24/2022	CMS-802     LTCSP Initial Pool Care Areas     Initial Surveys     LTC Survey FAQs     F-Tag Crosswalk     New Long Term Care Survey Process - Slide Deck and Speaker Notes     Appendix PP     Appendix PP	The documents below were updated to reflect revisions effective October 24, 2022.  1. CMS-802.  2. LTCSP Initial Pool Care Areas – RI Care Areas and Probes, RO Care Areas and Probes, RR Care in the Probes of the				







5

# **Centers for Clinical Standards and Quality**

• QSO-20-29-NH



# **Focused Infection Control Survey**



7

# Updates

	Education &		
	Policy Updates	Competency	Audit Tool
Revised F Tag Grouping	Needed	Updates	Needed
Resident Rights			
*F557 Respect. Dignity / Right to Have Personal			
Property			
*F561 Self Determination			
<ul> <li>*F563 Right to Receive/Deny Visitors</li> </ul>			
<ul> <li>F582 Medicare/Medicaid Coverage / Liability Notice</li> </ul>			
<ul> <li>F584 Safe/Clean/Comfortable/Homelike Environment</li> </ul>			
Abuse, Neglect, Exploitation			
<ul> <li>*F600 Free from Abuse and Neglect</li> </ul>			
*F604 Right to Be Free from Physical Restraints			
<ul> <li>*F607 Develop/Implement Abuse/Neglect, etc. Policies</li> </ul>			
*F609 Reporting of Alleged Violations			
Admission, Transfer, Discharge			
*F622 Transfer and Discharge Requirements			
*F623 Notice Requirements Before Transfer/Discharge			
<ul> <li>*F624 Preparation for Safe/Orderly Transfer/Discharge</li> </ul>			
*F626 Permitting Residents to Return to Facility			
Resident Assessments			
F641 Accuracy of Assessments			
Comprehensive resident Centered Care Plans			
*F656 Develop/Implement Comprehensive Care Plan			
F658 Services Provided Meet Professional Standards			
F659 Qualified Persons			
Quality of Life			
*F675 Quality of Life			
Activities			
Quality of Care			
<ul> <li>F686 Treatment/Services to Prevent/Heal Pressure</li> </ul>			
Ulcers			
*F687 Foot Care			
*F689 Free of Accident Hazards / Supervision /			
Devices			
<ul> <li>*F690 Bowel/Bladder Incontinence, Catheter, UTI</li> </ul>			
<ul> <li>*F694 Parenteral/IV Fluids</li> </ul>			
<ul> <li>F695 Respiratory/Tracheostomy Care and Suctioning</li> </ul>			
<ul> <li>*F697 Pain Management</li> </ul>			
*F699 Trauma Informed Care			
*F700 Bed Rails			
Physician Services			
F712 Physician Visits			
Nursing Services			
<ul> <li>*F725 Sufficient Nursing Staff</li> </ul>			
<ul> <li>*F727 RN 8 Hrs./7 days/Week, Full Time DON</li> </ul>			
F729 Nurse Aide Registry Verification, Retraining			
F732 Posted Nurse Staffing Information			



# **Updates**

#### Policy Updates Audit Tool Competency Updates Revised F Tag Grouping Behavioral Health \*F740 Behavioral Health Services \*F741 Sufficient/Competent Staff – Behavioral Health Needs F742 Treatment/Svc for Mental/Psychosocial Concert F743 No Pattern of Behavioral Difficulties Unless Unavoidable F744 Treatment/Service for Dementia Pharmacy Services armacy services \*F755 Pharmacy Services, Procedures, Pharmacist \*F758 Free from Unnecessary Psychotropic Meds / PRN Use Food and Nutrition Services \*F812 Food Procurement, Store/Prepare/Serve — Sanitary \*F847 Enter into Binding Arbitration Agreements \*F848 Select Arbitrator/Venue, Retention of Agreements \*F851 Payroll Based Journal Quality Assurance and Performance Improvement \*F865 QAPI Program/Plan, Disclosure / Good Faith \*F867 QAPI/QAA Improvement Activities \*F868 QAA Committee \*F895 Compliance and Ethics Program riyastal circuminininen \*F919 Resident Call System Training Requirements \*F940 Training Requirements – General \*F941 Communication Training \*F942 Resident Rights Training \*F944 QAPI Training \*F945 Infection Control Training \*F946 Compliance and Ethics Training \*F947 Required In-Service Training for Nurse Aides \*F949 Behavioral Health Training



9

# **Updates – Overview**

#### **Resident Rights**

\*F557 Respect, Dignity / Right to Have Personal Property

\*F561 Self Determination

\*F563 Right to Receive/Deny Visitors

F582 Medicare/Medicaid Coverage / Liability Notice

F584 Safe/Clean/Comfortable/Homelike Environment



10

#### Abuse, Neglect, Exploitation

\*F600 Free from Abuse and Neglect

**\*F604** Right to Be Free from Physical Restraints

\*F607 Develop/Implement Abuse/Neglect, etc. Policies

F608 was deleted (Split between 607 and 609)

\*F609 Reporting of Alleged Violations

https://qsep.cms.gov/data/352/Abuse.mp4

11



11

# **Updates - Overview**

#### F 609

- · Added Reporting of Suspected Crimes
  - Orientation
  - o Identify
  - Law Enforcement
  - o Covered individuals
  - o Periodic drills
- · Clarified guidance
  - o Staff to resident
  - Resident to resident
  - o Mental/verbal conflict
- · Updates to Injury of Unknown Source



12

3/2/2023

This document is for general informational purposes only. It does not represent legal advice nor relied upon as supporting documentation or advice with CMS or other regulatory entities. © Pathway Health Services, Inc. – All Rights Reserved – Copy with Permission Only - 2022



- Abuse Template
- Neglect template
- Reporting Template
- <u>Abuse Template</u>: Based on [observations/interviews/record review], the facility failed to protect the resident's(s') right to be free from [Type(s) of abuse: mental abuse/verbal abuse/physical abuse/sexual abuse/deprivation of goods and services] by [Perpetrator type: staff/a resident/a visitor]....
- Neglect Template: Based on [observations/interviews/record review], the facility failed to protect the resident's(s') right to be free from neglect....

	42 CFR 483.12(b)(5) and Section 1150B of the Act	42 CFR 483.12(c)
What is to be reported	Any reasonable suspicion of a crime against a resident or an individual receiving care from the facility	All alleged violations of abuse, neglect, exploitation or mistreatment, including injuries of unknown source and misappropriation of resident property     The results of all investigations of alleged violations
Who is required to report	Any covered individual, which means the owner, operator, employee, manager, agent or contractor of the facility	The facility
To whom	State Survey Agency (SA) and one or more law enforcement entitles for the political subdivision in which the facility is located (i.e., the full range of potential responders to elder abuse, neglect, and exploitation including police, sheriff, detectives, public sofery officers; corrections personnel; prasounders; medical examinars; investigators; and coroners)	The facility within history or all to other officials in acconduct with State law, including to the \$4 and the adult protective scripces where state law provides state law provides for jurisdiction in long-term care facilities.
When	Serious bodily injury- linguedictely but not later time 2 lights after forming the implecton No serious bodily injury- not later than 24 hours*	All alleged violations:  1) Immediately but not later than 2 hours*-if the alleged violation involves abuse or results in serious bodity injury 2.  2) Not later than 24 hours*-if the alleged violation involves neglect, exploitation, mistreatment, or misappropriation of resident property; and does not result in serious bodity injury.
		Results of all investigations of alleged violations- within 5 working days of the

13

6/2/2023

This document is for general informational purposes only. It does not represent legal advice nor relied upon as supporting documentation or advice with CMS or other regulatory entities. © Pathway Health Services, Inc. – All Rights Reserved – Copy with Permission Only - 2022



13

# **Updates - Overview**

- · Required to Report
- New Tables and Examples

Required to Report	Not Required to Report (Unless it rises to the level of what's described in the first column)		
<ul> <li>Intimidation</li> <li>Bullying-Aggressive behavior in which someone intentionally* and repeatedly causes another resident mental anguish or disconfort* (adapted from the American Psychological Association '</li> <li>Communication that is motivated by an actual or perceived characteristic, such as race, color, religion, sex, disability, or secual orientation that results in mental anguish or social withdrawal*</li> </ul>	Non-targeted outbursts Residents with certain conditions (e.g., Huntington's/Tourette's) who exhibit verbalizations Arguments or disagreements which do not include any behavior or communication		

Examples of Sexual Contact

#### NOTE: See also guidance at F600 related to Sexual Abuse and Capacity and C Required to Report Not Required to Report

- Unwanted touching of the breasts or perineal area
   A resident who fondles or touches a
- A resident who fondles or rouches a person's sexual organs and the resident being touched indicates the touching is unwanted through verbal or non-verbal cues
- Sexual activities where one resident indicates that the activity is unwanted through verbal or non-verbal cues
- Sexual activity or fondling where one of the resident's capacity to consent to sexual activity is unknown
- Sexual assault or battery (ex. rape, sodomy, coerced mudity)
- Instances where the alleged victim is transferred to a hospital for examination and/or treatment of injuries resulting from nossible sexual abuse

- Not Required to Report (Unless it rises to the level of what's described in the first column)
- Consensual sexual contact between residents who have the capacity to consent to sexual activity
   Affectionate contact such as hand
- Affectionate contact such as hand holding or hugging or kissing a resident who indicates that he/she consents to the action through verbal or non-verbal cues
- Sexual activity between residents in a relationship, married couples or partners, unless one of the residents indicates that the activity is unwanted through verbal or non-verbal cues.

1

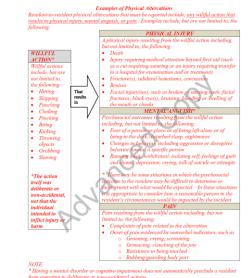
1/2/2023

This document is for general informational purposes only. It does not represent legal advice nor relied upon as supporting documentation or advice with CMS or other regulatory entities. © Pathway Health Services, Inc. – All Rights Reserved – Copy with Permission Only - 2022



- Required to Report
- New Tables and Examples
- "Willful Action"

Examples of Injuries of Unknown Source					
Required to Report	Not Required to Report (Unless it rises to the level of what's described in the first column)				
<ul> <li>Unobserved/Unexplained fractures, sprains or dislocations</li> </ul>	Bruising in an area where the resident has had recent medical tests/lab draws and there is no indication of abuse or neglect				



This document is for general informational purposes only. It does not represent legal advice nor relied upon as supporting documentation or advice with CMS or other regulatory entities. © Pathway Health Services, Inc. – All Rights Reserved – Copy with Permission Only - 2023



15

# **How to Prepare**

- Review and Revise Abuse, Neglect Exploitation P&P
- Element 8 Coordination with QAPI
- Reporting updates
- Educate, Educate, Educate
- Update assessments to include
- Care Plan
- Postings
- CMS Training Resource



#### Admission, Transfer, Discharge

\*F622 Transfer and Discharge Requirements

\*F623 Notice Requirements Before Transfer/Discharge

\*F624 Preparation for Safe/Orderly Transfer/Discharge

\*F626 Permitting Residents to Return to Facility

https://qsep.cms.gov/data/352/Admission\_Transfer\_Discharge.mp4

6/2/202

17



# **Updates - Overview**

- Person Centered
- **Culturally Competent**
- Trauma Informed

#### **Comprehensive Resident Centered Care Plans**

\*F656 Develop/Implement Comprehensive Care Plan

F658 Services Provided Meet Professional Standards

F659 Qualified Persons

6/2/202

#### \*F675 Quality of Life

- Technical corrections to address grammar and update references;
- Removed language suggesting automatic citation of F675 at Immediate Jeopardy (IJ) level;
- Added language to direct surveyors to consider impact to resident(s) affected, and to refer to Appendix Q for any concerns which may rise to IJ.

6/2/2023

This document is for general informational purposes only. It does not represent legal advice nor relied upon as supporting documentation or advice with CMS or other regulatory entities. © Pathway Health Services, Inc. – All Rights Reserved – Copy with Permission Only -202



19

# **Updates - Overview**

#### **Quality of Care**

F686 Treatment/Services to Prevent/Heal Pressure Ulcers

\*F687 Foot Care

\*F689 Free of Accident Hazards / Supervision / Devices

\*F690 Bowel/Bladder Incontinence, Catheter, UTI

\*F694 Parenteral/IV Fluids

F695 Respiratory/Tracheostomy Care and Suctioning

\*F697 Pain Management

\*F699 Trauma Informed Care

\*F700 Bed Rails

THWAY

## F686

(Treatment/Services to Prevent/Heal Pressure Ulcers)

F687 (Foot Care)



21

# **Updates - Overview**

#### F 689 - Accidents/Supervision

- New guidance on electronic cigarettes (e-d
- · Risks associated with e-cigs
- Oversight of devices
- Policy and Procedure expectations
- Resident Safety



https://qsep.cms.gov/data/352/Quality\_of\_Care\_Quality\_of\_Life.mp4

6/2/2023

This document is for general informational purposes only. It does not represent legal advice nor relied upon as supporting documentation or advice with CMS or other regulatory entities. © Pathway Health Services, Inc. – All Rights Reserved – Copy with Permission Only - 2022



# F 689 - Accidents/Supervision

- Substance Use Disorder (SUD)
- Care planning related to risk to satisfy an addiction
- Identifying and assessing risk
- Resident leaving the facility
- Elopement consideration

https://qsep.cms.gov/data/352/Quality of Care Quality of Life.mp4



23

# **Updates - Overview**

#### F 689 - Accidents/Supervision

- · Residents with history of substance abuse
- Assess risk
- Knowledge of signs and symptoms
- Prepared to address emergencies



https://qsep.cms.gov/data/352/Quality of Care Quality of Life.mp4

This document is for general informational purposes only. It does not represent legal advice nor relied upon as supporting documentation or advice with CMS or other regulatory entities. © Pathway Health Services, Inc. – All Rights Reserved – Copy with Permission Only - 2022



#### F697 – Pain Management

- Opioid Use updates
- Assessment process to include past addiction or opioid use disorder
- Medication-assisted treatment
- · Side effects
- Prevention

https://qsep.cms.gov/data/352/Quality of Care Quality of Life.mp4

6/2/2023

This document is for general informational purposes only. It does not represent legal advice nor relied upon as supporting documentation



25

# **Updates - Overview**

#### F 699 Trauma Informed Care

- New guidance
- Culturally competent
- Definitions
- Approaches for assessing
- · Identification of triggers
- Interventions
- Care planning

Facility Assessment

§483.25(m): The facility must ensure that residents who are trauma survivors receive culturally competent, trauma-informed care in accordance with professional standards of practice and accounting for residents' experiences and preferences in order to eliminate or mitigate triggers that may cause retraumatization of the resident.



https://qsep.cms.gov/data/352/TraumaInformedCare.pdf

ATHWAY

6/2/2023

This document is for general informational purposes only. It does not represent legal advice nor relied upon as supporting documentation reduces with CMS or other regulatory entities. © Pathway Health Services, Inc. — All Rights Reserved. — Conv. with Permission Only - 202

6/2/202

#### F700 - Bedrails

- Intended use
- New resource links
- Non-Compliance



6/2/2023

This document is for general informational purposes only. It does not represent legal advice nor relied upon as supporting documentation or advice with CMS or other regulatory entities. © Pathway Health Services. Inc. — All Rights Reserved. — Conv. with Permission Only - 2022



27

# **Updates - Overview**

#### F 712 Physician Services/Visits

· Column 1 was divided into two columns and orders added to column three

Table 1: Authority for Non-Physician Practitioners to Perform Visits, Sign Orders and Sign Medicare Part A Certifications/Re-certifications when Permitted by the State

	Initial Comprehensive Visit	Admission Orders	Other Required Visits & Orders^	Other Medically Necessary Visits & Orders+	Certification/ Recertification±
SNFs					
PA, NP & CNS employed by the facility	May not perform	May not provide	May perform alternate visits and sign	May perform and sign	May not sign
PA, NP & CNS not a facility employee	May not perform	May not provide	May perform alternate visits and sign	May perform and sign	May sign as permitted under State laws.
NFs					
PA, NP, & CNS employed by the facility	May not perform	May not provide	May not perform or sign	May perform and sign	Not applicable
PA, NP, & CNS not a facility employee	May perform	May provide*	May perform and sign	May perform and sign	Not applicable

 $\underline{https://qsep.cms.gov/data/352/PhysicianServices.pdf}$ 

6/2/2023

This document is for general informational purposes only. It does not represent legal advice nor relied upon as supporting documentation or advice with CMS or other regulatory entities. © Pathway Health Services, Inc. – All Rights Reserved – Copy with Permission Only - 2022



## **Nursing Services**

\*F725 Sufficient Nursing Staff

\*F727 RN 8 Hrs./7 days/Week, Full Time DON

F729 Nurse Aide Registry Verification, Retraining

F732 Posted Nurse Staffing Information

https://qsep.cms.gov/data/352/Nursing Services.mp4

This document is for general informational purposes only it does not represent legal advise nor relied upon as supporting documentation or advise with CMS or other resultative vertices. O Pathwas Visuality Revices, Inc. —All Rights Reserved — Copy with Permission Only—2022 per

2



29

6/2/202

# **Updates - Overview**

#### **Behavioral Health**

\*F740 Behavioral Health Services

\*F741 Sufficient/Competent Staff – Behavioral Health Needs

F742 Treatment/Svc for Mental/Psychosocial Concerns

F743 No Pattern of Behavioral Difficulties Unless Unavoidable

F744 Treatment/Service for Dementia Treatment/Service Into Dementia Treatment/Service Into Dementia Treatment Service Into Dem

6/2/202

This document is for general informational purposes only, it does not represent legal advice nor relied upon as supporting documentari or advice with CMS or other resultatory entities. ID Pathwas Health Services, Inc. — All Rights Reserved — Copy with Permission CmIv-26 PATHWAY HEALTH

#### F740 Behavioral Health Services

- PASARR Updates
- · Behavioral contracts
- Information on schizophrenia and bipolar disorder
- New severity level examples
- Behavioral health care and services resources

6/2/2023

This document is for general informational purposes only. It does not represent legal advice nor relied upon as supporting documentation or advice with CMS or other regulatory entities. © Pathway Health Services. Inc. – All Rights Reserved. – Copy with Permission Only - 202



31

# **Updates - Overview**

#### F741 Sufficient/Competent Staff – Behavioral Health Needs

- Updated Intent of the regulations
- Updated definitions
  - Mental disorder
  - o Trauma
  - o PTSD
  - Substance Use Disorder
- Facility Assessment
- Nonpharmacological interventions epised to the regulatory entities. © Palmay Health Services, Inc. All Rights Reserved Copy with Permission Only 2022.

PATHWAY HEALTH Insight I Expertise I Knowledge

#### **Pharmacy Services**

- Small but significant changes
  - F755 Pharmacy Services
  - F757 Unnecessary Medications
  - F758 Unnecessary Psychotropic Medications and PRN Use
    - Potential misdiagnosing of residents with a condition for which antipsychotics are an approved use such as schizophrenia

6/2/2023

This document is for general informational purposes only. It does not represent legal advice nor relied upon as supporting documentation or advice with CMS or other regulatory entities. © Pathway Health Services, Inc. – All Rights Reserved – Copy with Permission Only - 2023



33

# Updates - Overview

- F812 Food Procurement, Store/Prepare/Serve - Sanitary
- Culture change in dining practices
- · Clarifies definitions
- Details on staff hair restraint and glove use

6/2/2023



#### **Administration**

\*F847 Enter into Binding Arbitration Agreements

\*F848 Select Arbitrator/Venue, Retention of Agreements

\*F851 Payroll Based Journal

CMS Resources: https://qsep.cms.gov/data/352/Arbitration.mp4

PATHWAY PATHWAY

6/2/202

35

# **Updates - Overview**

#### **Quality Assurance and Performance Improvement**

\*F865 QAPI Program/Plan, Disclosure / Good Faith Attempt

\*F867 QAPI/QAA Improvement Activities

\*F868 QAA Committee

6/2/202

PATHWAY HEALTH

Scament is for general informational purposes only it does not represent legal advisor nor relied upon as supporting discumentation biose with CMS or other regulatory entities. O Pathousy Health Services, Inc. —All Eights Reserved — Copy with Permission Only - 2022

- F865 QAPI Program/Plan,
   Disclosure/Good Faith Attempt
- New requirements
- · Definitions for governing body
- Details minimum program requirements
- · Surveyor instructions
- Updates facility elements of noncompliance

6/2/2023



37

# **Updates - Overview**

#### F867 QAPI/QAA Improvement Activities

- · Updates definitions
- Role of feedback
- Outlines specific facility requirements on monitoring, data, systems, and more
- One PIP per year



6/2/2023

This document is for general informational purposes only. It does not represent legal advice nor relied upon as supporting documentation radvice with CMS or other regulatory entities. © Pathway Health Services. Inc. – All Rights Reserved – Copy with Permission Only - 202



#### F 868 QAA Committee

- Infection Preventionist Role
- Surveillance
- Reporting



6/2/2023

This document is for general informational purposes only. It does not represent legal advice nor relied upon as supporting documentation or advice with CMS or other regulatory entities. © Pathway Health Services. Inc. – All Rights Reserved. — Copy with Permission Only - 2022



39

# **Updates - Overview**

#### Infection Control

\*F880 Infection Prevention & Control

\*F881 Antibiotic Stewardship Program

\*F882 Infection Preventionist Qualifications/Role

\*F883 Influenza and Pneumococcal Immunizations

https://qsep.cms.gov/data/352/Infection\_Control.mp4

6/2/202

This document is far general informational purposes only it does not represent legal abrion nor relead upon as supporting documentation or advise with CMS or other regulatory entities. O Pathway Wealth Services, Inc.—All Rights Reserved—Copy with Permission Cnly-202





# F895 Compliance and Ethics Program

- Intent statement
- Definitions
- Additional requirements with 5 or more facilities
- Training requirements

https://gsep.cms.gov/data/352/Compliance\_and\_Ethics.mp4

This document is for general informational purposes only. It does not represent legal advice nor relied upon as supporting documentation or advice with CMS or other regulatory entities. © Pathway Health Services, Inc. – All Rights Reserved – Copy with Permission Only - 2022



6/2/2023

41

# **Updates - Overview**

#### **Training Requirements**

\*F940 Training Requirements – General

\*F941 Communication Training

\*F942 Resident Rights Training

\*F944 QAPI Training

\*F945 Infection Control Training

\*F946 Compliance and Ethics Training

\*F947 Required In-Service Training for Nurse Aides

\*F949 Behavioral Healths: // (Saining //data/352/Training Requirements.mp4

6/2/202

PATHWAY HEALTH

This document is for general informational purposes only. It does not represent legal advisor not refled upon as supporting documentation

42

- F945 Infection Control Training
- F946 Compliance and Ethics Training
- F947 Required Inservice Training for Nurse Aides



6/2/2023

This document is for general informational purposes only. It does not represent legal advice nor relied upon as supporting documentation or advice with CMS or other regulatory entities. © Pathway Health Services, Inc. – All Rights Reserved – Copy with Permission Only - 202



43

# **Updates - Overview**

#### F949 Behavioral Health Training

- Develop, implement and maintain
- Competencies and skills
- · Person centered care
- Communication
- Environment and Engagement
- Promotes well-being
- Individual needs
- Dementia

This document is for general informational purposes only. It does not represent legal advice nor relied upon as supporting documentation advice with CMS or other regulatory entities. @ Pathway Health Services. Inc. — All Rights Reserved. — Copy with Permission Only - 20



PATHWAY HEALTH Insight I Expertise I Knowledge

# **Components of the Survey**

- Scheduling
- Off site prep
- Entrance conference
- Initial pool selection
- Finalize sample
- Conduct investigations for sampled residents
- Closed record reviews

- Mandatory survey tasks
- QAA/QAPI
- Potential citations
- Exit conference
- Supervisor review
- 2567 published
- Plan of correction response
- Re-visit or desk audit

https://www.cms.gov/medicare/provider-enrollment-and-certification/guidanceforlawsandregulations/downloads/som107ap\_p\_ltcfpdf









# Federal Regulatory Groups for Long Term Care \*Substandard Quality of Care = one or more deficiencies with s/s levels of F, H, I, J, K, or L in Red \*\* Tag to be cited by Federal Surveyors Only

F540	Definitions	483.12	Freedom from Abuse, Neglect, and Exploitation	483.24	Quality of Life
483.10	Resident Rights	F600	*Free from Abuse and Neglect	F675	*Quality of Life
F550	*Resident Rights/Exercise of Rights	F602	*Free from Misappropriation/Exploitation	F676	*Activities of Daily Living (ADLs)/ Maintain Abilities
F551	Rights Exercised by Representative	F603	*Free from Involuntary Seclusion	F677	*ADL Care Provided for Dependent Residents
F552	Right to be Informed/Make Treatment Decisions	F604	*Right to be Free from Physical Restraints	F678	*Cardio-Pulmonary Resuscitation (CPR)
F553	Right to Participate in Planning Care	F605	*Right to be Free from Chemical Restraints	F679	*Activities Meet Interest/Needs of Each Resident
F554	Resident Self-Admin Meds-Clinically Appropriate	F606	*Not Employ/Engage Staff with Adverse Actions	F680	*Qualifications of Activity Professional
F555	Right to Choose/Be Informed of Attending Physician	F607	*Develop/Implement Abuse/Neglect, etc. Policies	483.25	Quality of Care
F557	Respect, Dignity/Right to have Personal Property	F609	*Reporting of Alleged Violations	F684	Quality of Care
F558	*Reasonable Accommodations of Needs/Preferences	F610	*Investigate/Prevent/Correct Alleged Violation	F685	*Treatment/Devices to Maintain Hearing/Vision
F559	*Choose/Be Notified of Room/Roommate Change			F686	*Treatment/Svcs to Prevent/Heal Pressure Ulcers
F560	Right to Refuse Certain Transfers	483.15	Admission, Transfer, and Discharge	F687	*Foot Care
F561	*Self Determination	F620	Admissions Policy	F688	*Increase/Prevent Decrease in ROM/Mobility
F562	Immediate Access to Resident	F621	Equal Practices Regardless of Payment Source	F689	*Free of Accident Hazards/Supervision/Devices
F563	Right to Receive/Deny Visitors	F622	Transfer and Discharge Requirements	F690	*Bowel/Bladder Incontinence, Catheter, UTI
F564	Inform of Visitation Rights/Equal Visitation Privileges	F623	Notice Requirements Before Transfer/Discharge	F691	*Colostomy, Urostomy, or Ileostomy Care
F565	*Resident/Family Group and Response	F624	Preparation for Safe/Orderly Transfer/Discharge	F692	*Nutrition/Hydration Status Maintenance
F566	Right to Perform Facility Services or Refuse	F625	Notice of Bed Hold Policy Before/Upon Transfer	F693	*Tube Feeding Management/Restore Eating Skills
F567	Protection/Management of Personal Funds	F626	Permitting Residents to Return to Facility	F694	*Parenteral/IV Fluids
F568	Accounting and Records of Personal Funds	483.20	Resident Assessments	F695	*Respiratory/Tracheostomy care and Suctioning
F569	Notice and Conveyance of Personal Funds	F635	Admission Physician Orders for Immediate Care	F696	*Prostheses
F570	Surety Bond - Security of Personal Funds	F636	Comprehensive Assessments & Timing	F697	*Pain Management
F571	Limitations on Charges to Personal Funds	F637	Comprehensive Assmt After Significant Change	F698	*Dialysis
F572	Notice of Rights and Rules	F638	Quarterly Assessment At Least Every 3 Months	F699	*Trauma Informed Care
F573	Right to Access/Purchase Copies of Records	F639	Maintain 15 Months of Resident Assessments	F700	*Bedrails
F574	Required Notices and Contact Information	F640	Encoding/Transmitting Resident Assessment	483.30	Physician Services
F575	Required Postings	F641	Accuracy of Assessments	F710	Resident's Care Supervised by a Physician
F576	Right to Forms of Communication with Privacy	F642	Coordination/Certification of Assessment	F711	Physician Visits- Review Care/Notes/Order
F577	Right to Survey Results/Advocate Agency Info	F644	Coordination of PASARR and Assessments	F712	Physician Visits-Frequency/Timeliness/Alternate NPPs
F578	Request/Refuse/Discontinue Treatment;Formulate Adv Di	F645	PASARR Screening for MD & ID	F713	Physician for Emergency Care, Available 24 Hours
F579	Posting/Notice of Medicare/Medicaid on Admission	F646	MD/ID Significant Change Notification	F714	Physician Delegation of Tasks to NPP
F580	Notify of Changes (Injury/Decline/Room, Etc.)	483.21	Comprehensive Resident Centered Care Plan	F715	Physician Delegation to Dietitian/Therapist
F582	Medicaid/Medicare Coverage/Liability Notice	F655	Baseline Care Plan	483.35	Nursing Services
F583	Personal Privacy/Confidentiality of Records	F656	Develop/Implement Comprehensive Care Plan	F725	Sufficient Nursing Staff
F584	*Safe/Clean/Comfortable/Homelike Environment	F657	Care Plan Timing and Revision	F726	Competent Nursing Staff
F585	Grievances	F658	Services Provided Meet Professional Standards	F727	RN 8 Hrs/7 days/Wk, Full Time DON
F586	Resident Contact with External Entities	F659	Qualified Persons	F728	Facility Hiring and Use of Nurse
		F660	Discharge Planning Process	F729	Nurse Aide Registry Verification, Retraining
		F661	Discharge Summary	F730	Nurse Aide Perform Review – 12Hr/Year In- service
				F731	Waiver-Licensed Nurses 24Hr/Day and RN Coverage
				F732	Posted Nurse Staffing Information



Federal Regulatory Groups for Long Term Care
\*Substandard Quality of Care = one or more deficiencies with s/s levels of F, H, I, J, K, or L in Red
\*\* Tag to be cited by Federal Surveyors Only

483.40	Behavioral Health	F811	Feeding Asst -Training/Supervision/Resident	483.90	Physical Environment
F740	Behavioral Health Services	F812	Food Procurement, Store/Prepare/Serve - Sanitary	F906	Emergency Electrical Power System
F741	Sufficient/Competent Staff-Behav Health Needs	F813	Personal Food Policy	F907	Space and Equipment
F742	*Treatment/Svc for Mental/Psychosocial Concerns	F814	Dispose Garbage & Refuse Properly	F908	Essential Equipment, Safe Operating Condition
F743	*No Pattern of Behavioral Difficulties Unless Unavoidable	483.65	Specialized Rehabilitative Services	F909	Resident Bed
F744	*Treatment /Service for Dementia	F825	Provide/Obtain Specialized Rehab Services	F910	Resident Room
F745	*Provision of Medically Related Social Services	F826	Rehab Services- Physician Order/Qualified Person	F911	Bedroom Number of Residents
483.45	Pharmacy Services	483.70	Administration	F912	Bedrooms Measure at Least 80 Square Ft/Resident
F755	Pharmacy Svcs/Procedures/Pharmacist/ Records	F835	Administration	F913	Bedrooms Have Direct Access to Exit Corridor
F756	Drug Regimen Review, Report Irregular, Act On	F836	License/Comply w/Fed/State/Local Law/Prof Std	F914	Bedrooms Assure Full Visual Privacy
F757	*Drug Regimen is Free From Unnecessary Drugs	F837	Governing Body	F915	Resident Room Window
F758	*Free from Unnec Psychotropic Meds/PRN Use	F838	Facility Assessment	F916	Resident Room Floor Above Grade
F759	*Free of Medication Error Rate sof 5% or More	F839	Staff Qualifications	F917	Resident Room Bed/Furniture/Closet
F760	*Residents Are Free of Significant Med Errors	F840	Use of Outside Resources	F918	Bedrooms Equipped/Near Lavatory/Toilet
F761	Label/Store Drugs & Biologicals	F841	Responsibilities of Medical Director	F919	Resident Call System
483.50	Laboratory, Radiology, and Other Diagnostic Services	F842	Resident Records - Identifiable Information	F920	Requirements for Dining and Activity Rooms
F770	Laboratory Services	F843	Transfer Agreement	F921	Safe/Functional/Sanitary/ Comfortable Environmen
F771	Blood Blank and Transfusion Services	F844	Disclosure of Ownership Requirements	F922	Procedures to Ensure Water Availability
F772	Lab Services Not Provided On-Site	F845	Facility closure-Administrator	F923	Ventilation
F773	Lab Svs Physician Order/Notify of Results	F846	Facility closure	F924	Corridors Have Firmly Secured Handrails
F774	Assist with Transport Arrangements to Lab Svcs	F847	Enter into Binding Arbitration Agreements	F925	Maintains Effective Pest Control Program
F775	Lab Reports in Record-Lab Name/Address	F848	Select Arbitrator/Venue, Retention of Agreements	F926	Smoking Policies
F776	Radiology/Other Diagnostic Services	F849	Hospice Services	483.95	Training Requirements
F777	Radiology/Diag. Svcs Ordered/Notify Results	F850	*Qualifications of Social Worker >120 Beds	F940	Training Requirements - General
F778	Assist with Transport Arrangements to Radiology	F851	Payroll Based Journal	F941	Communication Training
F779	X-Ray/Diagnostic Report in Record-Sign/Dated	483.75	Quality Assurance and Performance Improvement	F942	Resident's Rights Training
483.55	Dental Services	F865	QAPI Program/Plan, Disclosure/Good Faith Attempt	F943	Abuse, Neglect, and Exploitation Training
F790	Routine/Emergency Dental Services in SNFs	F867	QAPI/QAA Improvement Activities	F944	QAPI Training
F791	Routine/Emergency Dental Services in NFs	F868	QAA Committee	F945	Infection Control Training
483.60	Food and Nutrition Services	483.80	Infection Control	F946	Compliance and Ethics Training
F800	Provided Diet Meets Needs of Each Resident	F880	Infection Prevention & Control	F947	Required In-Service Training for Nurse Aides
F801	Qualified Dietary Staff	F881	Antibiotic Stewardship Program	F948	Training for Feeding Assistants
F802	Sufficient Dietary Support Personnel	F882	Infection Preventionist Qualifications/Role	F949	Behavioral Health Training
F803	Menus Meet Res Needs/Prep in Advance/Followed	F883	*Influenza and Pneumococcal Immunizations		-
	Nutritive Value/Appear, Palatable/Prefer Temp	F884	**Reporting – National Health Safety Network		
F804	Nutritive Value/Appear, Palatable/Prefer Temp				
	Food in Form to Meet Individual Needs	F885	Reporting – Residents, Representatives & Families		
F805			Reporting – Residents, Representatives & Families COVID-19 Testing-Residents & Staff		
F804 F805 F806 F807	Food in Form to Meet Individual Needs	F885			
F805 F806	Food in Form to Meet Individual Needs Resident Allergies, Preferences and Substitutes	F885 F886	COVID-19 Testing-Residents & Staff		
F805 F806 F807	Food in Form to Meet Individual Needs Resident Allergies, Preferences and Substitutes Drinks Avail to Meet Needs/P references/ Hydration	F885 F886 F887	COVID-19 Testing-Residents & Staff COVID-19 Immunization		



49



- · Review for repeated deficiencies
- Review Facility Reported Incidents (FRI) since last survey
- Identify areas that need investigation
- Contact the Ombudsman
- Review County COVID-19 positivity rate
- Assign mandatory tasks
- Review MDS Indicator report
- Select potential residents
- Team members review this information

https://www.cms.gov/medicare/provider-enrollment-and-certification/guidanceforlawsandregulations/downloads/som107ap p ltcfpdf

#### **Entrance**

- Team Leader will ask for:
- CMS 802 Matrix
  - Be aware of the definitions for inclusion on the Matrix (CMS 802)
  - Use clinical software and update resident info
- List of admissions in last 30 days
- Resident listing provide one list by name and one by location
- Provide facility policy for COVID-19 unit
- Provide today's census, information about specialty units or programs
- One surveyor will go immediately to the kitchen
- Other surveyors to assigned areas

https://www.cms.gov/medicare/provider-enrollment-and-certification/guidanceforlawsandregulations/downloads/som107ap\_p



51

# **Entrance** Conference Worksheet

#### ENTRANCE CONFERENCE WORKSHEET INFORMATION NEEDED FROM THE FACILITY IMMEDIATELY UPON ENTRANCE 2. Complete matrix for new admissions in the last 30 days who are still residing in the facili 3. An alphabetical list of all residents (note any resident out of the facility). A list of residents who smoke, designated smoking times, and locations. S. A list of residents who are confirmed or suspected cases of COVID-19. Name of facility staff responsible for Infection Prevention and Control Program 7. Name of facility staff responsible for overseeing the COVID-19 vaccination 8. Conduct a brief Entrance Conference with the Administrator. Ask the Administrator. S. Colonica were intantice Conference with the National Ass. the Administrator to make Medical Director aware that the survey team is conducting a survey. Offer an apportunity is Medical Director to provide feedback to the survey team during the survey period if needed. Information regarding full time DON coverage (verbal confirmation is acceptable). Information about the facility's emergency water source (verbal confirmation is acceptable). | 10. Illumination and use a searchy searce gaves what a source (vector common as exemples) | | 11. Signs announcing the survey that are posted in high-visibility areas. | 12. A copy of an updated facility floor plan, if changes have been made, including COVID-19 obtained COVID-19 units. | 13. Name of Resident Council President. | 14. Provide the facility with a copy of the CASPER 3. 18. Schedule of mealtimes, locations of dining rooms, copies of all current menus including therm menus that will be served for the duration of the survey and the policy for food brought in fro 19. Schedule of Medication Administration times. □ 19. Surecourse or recursation Administration times. □ 20. Number and location of med storage rooms and med carts. □ 21. The actual working schedules for all staff, separated by departments, for the survey time period. □ 22. List of key personnel, location, and phone numbers. Note contract staff (e.g., rehab services). Also include the staff responsible for notifying all residents, representatives, and families of confirmed or suspected COVID-19 cases in the facility. Include staff responsible for water management. Include the Medical Directors 23. If the facility employs paid feeding assistants, provide the following information: In the lacinity culproys paid recting assistants, provide the robbing into intance. a) Whether the paid feeding assistant training was provided through a State-approved training program by qualified professionals as defined by State law, with a minimum of 8 hours of training b A list of staff (including agency staff) who have successfully completed training for adjecting assistants, and who are currently assisting selected residents with eating meals and/or and the staff of the st c) A list of residents who are eligible for assistance and who are currently receiving assist paid feeding assistants



# **Entrance** Conference Worksheet

#### ENTRANCE CONFERENCE WORKSHEET

- 24. The facility's mechanism(s) used to inform residents, their representatives, and families of confirmed or suspected COVID-19 activity in the facility and mitigating actions taken by the facility to prevent or reduce the risk of transmission, including if normal operations in the nursing home will be lattered (e.g. supply the newsletter, email, website, etc.). If the system is dependent on the resident or representative to obtain the information themselves (e.g., website), provide the notification/information given to residents, their representatives, and families informing them of how to obtain updates.
- Shousing that "Reference and the COVID-19 testing, which may include the facility's testing plan, logs of the level of community transmission (after 09-10-2021), testing schedules, list of staff who have confirmed or suspected cases of COVID-19 over the last 4 weeks, and if there were testing issues, contact with state and local health departments.
- 27. Complete the matrix for all other residents. The TC confirms the matrix was completed accurately

- 27. Complete the matrix for all other residents. The TC confirms the matrix was completed accurately.

  28. Admission packet.

  29. Dialysis Contract(s), Agreement(s), Arrangement(s), and Policy and Procedures, if applicable.

  29. Dialysis Contract(s), Agreement(s), Arrangement(s), and Policy and Procedures, if applicable.

  31. List of qualified staff providing hemodialysis or assistance for peritoneal dialysis treatments, if applicable.

  31. Agreement(s) or Policies and Procedures for transport to and from dialysis treatments, if applicable.

  32. Does the facility have an onsite separately certified ESRD unit?

  33. Hospice Agreement, and Policies and Procedures for each hospice used (name of facility designee(s) who coordinate(s) services with hospice providers).

  34. Infection Prevention and Control Program Standards, Policies and Procedures, to include the Surviellance Plan, Procedures to address resident and staff who refuse COVID-19 testing or are unable to be tested, and Antibiotic Stewardship Program.

  35. Influenza, Phenumococcal, and COVID-19 vaccination status.

  37. COVID-19 Healthcare Staff Vaccination Polices and Procedures (if applicable for a full review of F888).

- F888).
  38. COVID-19 Staff Vaccination Matrix. Note: Facilities may complete the COVID-19 Vaccination Matrix for Staff or provide a list containing the same information as required in the staff matrix (if applicable for a full review of F888).
- for a full review of F888).

  39. List of contract companies that will provide services to the facility/residents during the survey period. Identify the name of the contract company; whether the company provides direct care of non-direct care, how often services are provided (e.g., daily, weekly); the approximate number of contract staff provided by the company; and information on how the facility ensures contractes staff are compliant with the vaccination requirement. (if applicable for a full review of F888),

  40. QAA committee information (name of contact, names of members and frequency of meetings).

  41. QAPI Plan.

  42. Abuse Prohibition Policy and Procedures.

  43. Description of any experimental research occurring in the facility.

- ription of any experimental research occurring in the facility.



# **Binding** <u>Arbitration</u>

#### ENTRANCE CONFERENCE WORKSHEET

- 46. List of rooms meeting any one of the following conditions that require a variance:
  - Less than the required square footage · More than four residents

#### INFORMATION NEEDED BY THE END OF THE FIRST DAY OF SURVEY

- 47. Provide each surveyor with access to all resident electronic health records do not exclude any information that should be a part of the resident's medical record. Provide specific information on how surveyors can access the EHRs outside of the conference room. Please complete the attached form on page 5 which is titled "Electronic Health Record Information."
- 48. Provide a list of residents who entered into a binding arbitration agreement on or after 9/16/2019.

#### INFORMATION NEEDED FROM FACILITY WITHIN 24 HOURS OF ENTRANCE

- 50. Completed Medicare/Medicaid Application (CMS-671).
- 51. Completed Census and Condition Information (CMS-672).
- 52. Please complete the attached form on page 4 which is titled "Beneficiary Notice Residents Discharged Within the Last Six Months"



Off site preparation

	Offsite Pr	eparation Worksl	heet		
	Previous Recer	tification			
Survey Date:	Survey Date:			view Date:	
Facility Name:			E	ventiD:	
Administrator Name:					_
Team (List Coordinator First):					
Review the CASPER 3 repo	et to determine who	other the Conition has		est definiencies	
Review the CASPER 3 repo	it to determine who	euler the facility has	any patterns of rep	eat deficiencies.	
Results from the last Standa	rd survey.				
Review complaints since the					
Review facility reported inc	dents (FRIs) since	the last Standard sur	rvey.		
Review the CASPER PBJ Sto	affing Data Report	for identified concer	ens regarding staffi	na Note ami marce	
staffing waiver for onsite re		yor morniyiba bornoor	na rogaranig stage	ng. Troto day nacco	
List active Complaints and I					
complaint/FRI details; whether					
allegation to the LTCSP (i.e surveyor.	., initiai pooi, raciii	ty task, directly to it	ivestigation, closed	record). Assign a	
Was abuse cited on the prior	standard survey or	have there been any	y abuse allegations	or citations for	
complaints?					
■ Note any federal waivers/va	riances for onsite re	eview.			
Note any active enforcement	t cases (resident/iss	mes/dates/reason) th	at shouldn't be inve	estigated:	
		, , ,			
Ombudsman Name:		Ombudsma	n Contact date:		
Ombudsman's Phone Numb					
Ombudsman Area(s) of Con Mandatory facility task assis					
Iviandatory facility task assig     Dining Observation	gnments:		_		
Infection Control and Ir	mmunizations				
Kitchen/Food Service C					
Beneficiary Notification					
5) Medication Administrat					
<ol> <li>Med Storage and Label</li> </ol>					
7) QAPI/QAA	-				
8) Resident Council					
<ol><li>Sufficient and Compete</li></ol>	nt Nurse Staffing				
Team unit assignments:					



55

Effective October 26<sup>th</sup>, 2022

https://www.cms.gov/files/zip/survey-resources-staff-vaccine-documents-04072022.zip

Facility Census	Recommended # of Surveyors	Max # Complaint/ FRI Residents in IP and Sample	Initial Pool Size (approximate)	Samp Size
1-8	2	5	All residents	All resid
9 – 15	2	5	All residents	8
16 -19	2	5	16	8
20 – 48	2	5	16	12
49 – 52	3	6	24	13
53 - 56	3	6	24	14
57 – 61	3	7	24	15
62 – 65	3	7	24	16
66 – 69	3	7	24	17
70 – 90	3	8	24	18
91 – 95	3	8	24	19
96 – 100	4	9	32	20
101 – 105	4	9	32	21
106 – 110	4	9	32	22
111 – 115	4	10	32	23
116 – 123	4	10	32	24
124 – 128	4	10	32	25
129 – 133	4	10	32	26
134 – 138	4	11	32	27
139 – 143	4	11	32	28
144 – 148	4	11	32	29
149 – 153	4	12	32	30
154 – 158	4	12	32	31
159 – 164	4	13	32	32
165 – 169	4	13	33	33
170 – 174	4	13	34	34

# **LTCSP Facility Entrance- Surveyor Duties**

- Medical Director
- Facility Assessment
- Binding Arbitration
- Kitchen Review
- Resident Roster





57

#### LTCSP-Initial Pool

Each surveyor will be assigned 8 residents

- Screen the selected offsite residents-Direct room to room observation
- Include an residents that have a complaint

On-site Selection

- · Include any newly admitted resident or vulnerable resident with concerns
- Vulnerable residents

Selection strategies



# Focused Infection Control Survey



Focused Infection Control Survey

- 15. The facility's mechanism(s) used to inform residents, their representatives, and families of confirmed or suspected COVID-19 cases in the facility and mitigating actions taken by the facility to prevent or reduce the risk of transmission, including if normal operations in the nursing home will be altered (e.g., supply the newsletter, entail, website, etc.). If the system is dependent on the resident or representative to obtain the information themselves (e.g., website), provide the notification/information given to residents, their representatives, and families informing them of how to obtain COVID-19 updates.
- 16. Documentation related to COVID-19 testing, which may include the facility's testing plan, logs of the level of community transmission (after 09-10-2021), testing schedules, list of staff who have confirmed or suspected cases of COVID-19 over the last 4 weeks, and, if there were testing issues, contact with state and local health departments.
- 17. A list of residents and their COVID-19 vaccination status.

\*The timelines for requested information in the table are based on normal circumstances. Surveyors should be flexible on the time to receive information based on the conditions in the facility. For example, do not require paperwork within an hour if it interrupts critical activities that are occurring to prevent the transmission of COVID-19.



# **FIC Survey with Staff Vaccination**

#### ELECTRONIC HEALTH RECORD (EHR) INFORMATION

Please provide the following information to the survey team within one hour of Entrance.

Provide specific instructions on where and how surveyors can access the following information in the EHR (or						
-						
1. Infections						
2. Hospitalization						
3. Change of condition						
4. Medications						
5. Diagnoses						
6. COVID-19 test results						
7. Immunization data						



National	Too Book House	# 611-11	06 Did 634-d	0/. C	
Tag #	Tag # Tag Description		% Providers Cited	% Surveys Cited	
Totals represent the # of providers and surveys that meet the selection criteria specified above.		Active Providers=15125		Total Number of Surveys=33988	
F0884	Reporting - National Health Safety Network	6,933	19.3%	20.4%	
F0689	Free of Accident Hazards/Supervision/Devices	1,826	10.0%	5.4%	
F0880	Infection Prevention & Control	1,729	9.5%	5.1%	
F0684	Quality of Care	1,407	7.9%	4.1%	
F0812	Food Procurement, Store/Prepare/Serve Sanitary	1,347	8.3%	4.0%	
F0656	Develop/Implement Comprehensive Care Plan	1,104	6.5%	3.2%	
<u>F0677</u>	ADL Care Provided for Dependent Residents	1,045	5.7%	3.1%	
F0686	Treatment/Svcs to Prevent/Heal Pressure Ulcer	891	5.1%	2.6%	
F0761	Label/Store Drugs and Biologicals	890	5.4%	2.6%	
F0609	Reporting of Alleged Violations	819	4.7%	2.4%	



# Oklahoma F tag frequency 2023

	Citation Frequency Report								
State	Tag Description		% Providers Cited	% Surveys Cited					
Tag #			90 Providers Cited	70 Surveys Cited					
Totals repr	esent the # of providers and surveys that meet the selection criteria specified above.	Oklahoma Active Providers=293		Total Number of Surveys=445					
F0884	Reporting - National Health Safety Network	164	18.4%	36.9%					
F0880	Infection Prevention & Control	33	8.5%	7.4%					
F0684	Quality of Care	32	9.2%	7.2%					
F0677	ADL Care Provided for Dependent Residents	27	6.8%	6.1%					
F0689	Free of Accident Hazards/Supervision/Devices		6.8%	5.2%					
F0657	Care Plan Timing and Revision		6.1%	4.9%					
F0755	Pharmacy Srvcs/Procedures/Pharmacist/Records	22	5.8%	4.9%					
F0656	Develop/Implement Comprehensive Care Plan	19	5.8%	4.3%					
F0812	Food Procurement, Store/Prepare/Serve Sanitary	19	5.5%	4.3%					
F0584	Safe/Clean/Comfortable/Homelike Environment	15	3.8%	3.4%					



63





#### **Resident Interviews**

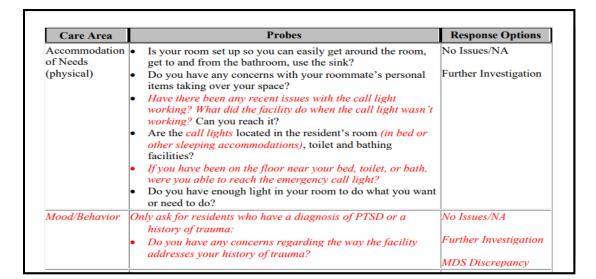
- Choices
- · Activities
- Dignity
- Abuse
- Resident to Resident Interaction
- Privacy
- · Accommodation of need
- Personal funds
- Personal property
- · Sufficient staffing
- Participation in care planning
- · Community discharge

- Environment
- Food
- Dental
- Nutrition
- Hydration
- Tube feeding
- Vision and Hearing
- · ADL Decline
- Catheter
- · Insulin or blood thinners
- Infections

- Hospitalizations
- Falls
- Pain
- Pressure Ulcers
- Skin conditions
- Limited ROM
- Rehab
- Dialysis
- Incontinence
- · Constipation/Diarrhea
- Smoking
- Hospice

PATHWAY HEALTH Insight | Expertise | Knowledge

 $\underline{https://www.cms.gov/medicare/provider-enrollment-and-certification/guidanceforlaws and regulations/downloads/som 107 ap\_p\_ltcfpdf$ 





Antibiotic Use	For residents who have an infection, ask the following:	No Issue/NA
	<ul> <li>Did you take an antibiotic or other medication?</li> <li>Are you still taking the medication?</li> <li>How long have you been taking the antibiotic?</li> <li>Do you know how long you are supposed to take the</li> </ul>	Further Investigation
	<ul><li>antibiotic?</li><li>Have you had any problems while taking the antibiotic? If so, have you talked to staff about it?</li></ul>	



neips with your bower problems: If not, why not: Smoking Only ask if the resident smokes/vapes which includes tobacco No Issues cigarettes, electronic cigarettes/vapor pens: Are you able to smoke/vape when you want? If not, what are Further Investigation the smoking times? Who keeps your cigarettes (tobacco or e-cig/vapor pen) and NA lighter? Do you use oxygen? If so, have you smoked/vaped in the facility while using your oxygen? Where do you put your ashes and cigarette butts? Does staff supervise you when you smoke/vape? Do you use devices to help keep you safe while you smoke (e.g., a smoking apron)? Have you had any accidents or burns while smoking/vaping?

PATHWAY

#### **Resident Observations**

- Activities
- Dignity
- Abuse
- Privacy
- Accommodation of Needs
- Communication
- Mood/Behavior
- Restraints
- Accident Hazards

- Wandering
- Call light
- Environment
- Dental
- Nutrition
- Edema
- Hydration
- Tube feeding
- Vision/Hearing
- Catheter

Psych med side effects

Infections

Oxygen

Positioning

Falls

Pain

Pressure Ulcers

Skin Conditions

Limited ROM

Hospice

Vent/trach

Incontinence

**Smoking** 



 $\underline{https://www.cms.gov/medicare/provider-enrollment-and-certification/guidanceforlaws and regulations/downloads/som 107 ap\_p\_ltcfpdf$ 

69

# **Dignity and Accommodation of Needs**

- Staff did the following:
  - Used a label for resident (e.g., "feeder" or "honey")
  - Posted confidential clinical/personal care instructions in viewable areas
  - Dressed resident in institutional fashion (e.g., hospital type gown during day)
  - o Labeled clothes with resident's name visible
  - Searched the resident, the room, and/or their personal belongings without the resident or resident representative's permission or explaining the reason for the search.
- Any other identified dignity concerns?



# **Dignity and Accommodation of Needs**

		onioedj.	
Call device in reach, call	•	Is the call <i>device</i> within reach if the resident is capable of using it <i>while in bed or using other sleeping</i>	No Issues/NA
system		accommodations in the room?	Further Investigation
functioning	•	Is the call system functioning in the resident's room, toilet, and bathing areas?	
	•	Are the resident emergency call devices accessible to the resident at each toilet, bath or shower, and can the	
		resident reach it if they are lying on the floor, in those specific areas?	



71

# F 686 Skin Conditions- Resident Observation

Care Area	Probes	Response Options
•	Are pressure relieving devices observed (e.g., heel protectors, w/c cushion, padding between bony prominences)?  If so, are they used correctly?  Is the resident in the same position for long periods of time when in the w/c or bed (resident is not repositioned in chair at least every hour and in bed at least every two hours)?  If visible, does the resident's pressure ulcer dressing have drainage (document color/amount/type/odor)?  If visible, is there redness or swelling?  Does the resident show signs of pain or discomfort?	TROPOLISE O PRIORIS



## F 689- Accidents and Injuries

G 1:		NT T
Smoking	For residents who smoke/vape which includes tobacco	No Issues
	cigarettes, electronic cigarettes/vapor pen:	
	<ul> <li>Is the resident smoking/vaping in an appropriate place?</li> </ul>	Further Investigation
	<ul> <li>Is the resident smoking/vaping safely?</li> </ul>	
	<ul> <li>Are safety precautions used (e.g., no oxygen, smoking</li> </ul>	NA
	apron, supervision if unsafe, or access to safe or	
	appropriate ashtrays)?	
	Are smoking/vaping materials safely stored?	
	<ul> <li>Are there burn marks on the resident's clothing,</li> </ul>	
	furnishings or wheelchair?	
Other Concerns	Are there any other concerns observed for this resident?	No Issues/NA
		Further Investigation



73





(LTCSP) Procedural Guide

#### **Initial Pool**

- Facility Self-reported Incidents\*
- Pressure Ulcers
- Dialysis
- Infections
- · Weight loss
- Falls
- ADL decline
- Low Risk B&B
- Hospitalization
- \* # Depends upon census

- Elopement
- Change of Condition
- Insulin
- Anticoagulant
- Antipsychotic with Alzheimer's or dementia
- PASARR
- Advance Directives
- · High risk meds
- Diagnoses
- Hospice

PATHWAY HEALTH Insight | Expertise | Knowledge

 $\underline{https://www.cms.gov/medicare/provider-enrollment-and-certification/guidanceforlaws and regulations/downloads/som 107 ap \underline{pltcfpdf}$ 

75

## Mandatory Survey Tasks

- · Beneficiary Notice
- Dining
- Infection Prevention and Control
- Kitchen
- Med Administration
- Drug Storage
- Resident Council
- Abuse
- Sufficient and Competent Staffing





## Possible Tasks related to Concerns

- Personal Funds
- Environment
- Resident Assessment
- Binding Arbitration Agreement





77

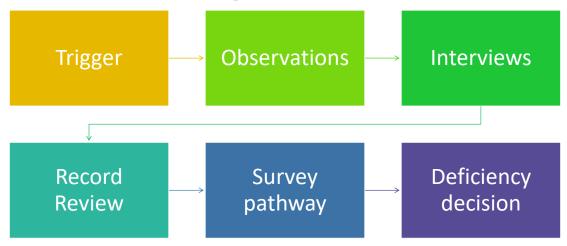
## Resident and Topic Investigations

- Uses survey pathways
- Correspond to F tags





## **One Thing Leads to Another**





79

## **Keys to Survey Investigation**

- Was the issue identified by the facility?
- · Were risk factors identified and assessed?
- · Were interventions put in place to decrease or eliminate the risks?
- Was the care plan reviewed for effectiveness?
- Was the resident reassessed if there was a change in condition, function, cognition, mood?
- Was there an interdisciplinary approach?
- Was the resident and/or representative involved in the development and updating of the care plan?

Was all of this activity documented?

 $\underline{\text{https://www.cms.gov/medicare/provider-enrollment-and-certification/guidanceforlaws} and \underline{\text{regulations/downloads/som107ap\_p\_ltcfpdf}} \\ \underline{\text{https://www.cms.gov/medicare/provider-enrollment-and-certification/guidanceforlaws}} \\ \underline{\text{http://www.cms.gov/medicare/provider-enrollment-and-certification/guidanceforlaws}} \\ \underline{\text{http://www.cms.gov/medicare/provider-enrollment-and-certification/guidanceforlaws}} \\ \underline{\text{http://www.cms.gov/medicare/provider-enrollment-and-certification/guidanceforlaws$ 



# Infection Prevention

- Ongoing observations throughout the survey process
- · Review of policies and procedures
- · COVID-19 testing
- · Antibiotic stewardship
- · Vaccination programs
- · Transmission based precautions
- · Verification of NHSN

https://www.cms.gov/files/zip/surveyresources-staff-vaccine-documents-04072022.zip



81



## **QAPI**

- Interview of the staff on QAA Program
- MDS indicators
- Prior survey
- · Facility reported incidents
- QAPI plan
- High risk areas



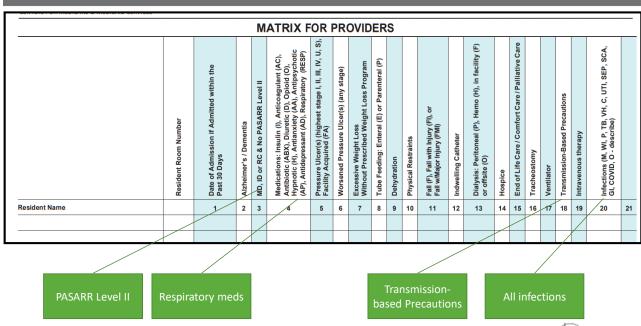
# Long Term Care Survey Preparation

83

CENTES FOR MEDICARE A MEDICAD SERVICES MDDS 3.0	CASPER Repor Facility Characteri		ort	Pi	age 1 of 1
Facility ID CCN Facility Name: City/State:		Report Period: 05/01/2021 - 11 Comparison Group: 03/01/20 Report Run Date: 11/11/2021 Data Calculation Date: 11/08/ Report Version Number: 1.01			21 - 08/31/20
		Facility		Comparison Group	
	Num	Denom	Observed Percent	State Average	National Average
Gender					
Male	30	57	52.6%	39.7%	40.1%
Female	27	57	47.4%	60.3%	59.9%
Age					
<25 years old	0	57	0.0%	0.0%	0.3%
25-54 years old	15	57	26.3%	3.9%	5.5%
55-64 years old	14	57	24.6%	9.3%	11.8%
65-74 years old	16	57	28.1%	19.1%	22.8%
75-84 years old	8	57	14.0%	27.8%	28.2%
85+ years old	4	57	7.0%	39.8%	31.3%
Diagnostic Characteristics					
Psychiatric diagnosis	38	56	67.9%	53.5%	58.9%
Intellectual or Developmental Disability	0	33	0.0%	0.9%	1.5%
Hospice	2	57	3.5%	9.5%	6.6%
Prognosis					
Life expectancy of less than 6 months	2	57	3.5%	10.0%	6.1%

https://qtso.cms .gov/system/files /qtso/cspr sec1 1 mds prvdr 2. pdf





 $\underline{https://www.cms.gov/medicare/provider-enrollment-and-certification/guidanceforlaws and regulations/downloads/som 107 ap \underline{p} \underline{ltcfpdf}$ 



Survey Preparation

Schedule

Survey Book Required Information					
Information/Document	Update Schedule	Person Responsible fo Updating			
Census	Daily				
Matrix for new admissions in the last 30 days who are still residing in the facility. (CMS- 802)	Weekly during survey window. First day of survey ASAP.				
Alphabetical list of all residents	Daily				
A list of residents who smoke, designated smoking times, and locations	Weekly and PRN				
Full Time DON	Monthly and PRN				
Facility's emergency water source	Monthly and PRN				
Sign announcing the survey template and list of recommended high- visibility areas where signs are to be posted.	PRN				
Updated facility floor plan – designate locations of dining rooms and med storage rooms. (ESRD unit if applicable.)	Monthly and PRN				



## Survey Preparation Guide

Survey Book Required Information					
Information/Document	Update Schedule	Person Responsible for Updating			
How surveyors can access the EHRs outside of the conference room.	Monthly and PRN By end of the first day of survey.				
Medicare/Medicaid application (CMS-671). Note: Staffing information no longer required as of 6/1/2018.	Within 24 hours of Entrance Conference.				
Census and Condition Information (CMS-672).	Weekly during survey window. Within 24 hours of Entrance Conference.				
Beneficiary Notice – Residents Discharged Within last Six Months	Monthly Within 24 hours of Entrance Conference.				





- You can sample these residents and review in your Risk Review meetings.
- Look at the determinants of compliance
  - a. Identified
  - b. Assessed
  - c. Care Planned
  - d. Implemented
  - e. Re-evaluated as needed





- Keep regulatory compliance in mind throughout your routine.
  - a. Daily rounds
  - b. Concurrent trending
  - c. High risk, High Volume, Problem prone
- Conduct interviews, a few questions at a time. Cross departmental interviews
- Maintain a strong Grievance process that responds to the resident promptly and follows up with a system approach.





- Be familiar with the survey process
- Prepare your "survey book" in advance and keep it up to date.
- Ensure that the CMS 802 form is generated correctly from the MDS data and is updated to current, prior to printing for the surveyors.
- Use your QAPI process to evaluate the plan of correction interventions from the last survey and any self-reported incidents.
- Use the Entrance Conference to describe the unique characteristics of your resident population (Facility Characteristics report from CASPER)



Facility Assessment





91

### **Reference List**

- Centers for Medicare and Medicaid Services. (2023). Long term care survey process procedural guide. <u>LTCSP Procedure Guide .pdf</u>
- Centers for Medicare and Medicaid Services. (2023). Nursing homes. <u>Nursing Homes | CMS</u>
- Centers for Medicare and Medicaid Services. (2023) State operations manual appendix PPguidance to surveyors for long term care facilities. <u>Appendix PP State Operations Manual.pdf</u>



## **Any Questions?**







#### Disclaimer

"This presentation provided is copyrighted information of Pathway Health. Please note the presentation date on the title page in relation to the need to verify any new updates and resources that were listed in this presentation. This presentation is intended to be informational. The information does not constitute either legal or professional consultation. This presentation is not to be sold or reused without written authorization of Pathway Health."

