



Assisted Living Symposium

April 11, 2024 | Hilton Richmond Hotel & Spa/Short Pump

Overview

Join us for this annual event focused solely on issues affecting Virginia's assisted living communities. Designed for Virginia's assisted living professionals, the symposium is your opportunity to get the latest updates on sector trends, regulatory developments, and quality improvement while earning NAB-approved continuing education.

Come learn from our lineup of experts who will share their insights on the issues affecting the assisted living sector from top-cited deficiencies, medication management, hemp and medical cannabis use in ALFs, and more.

Agenda

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| 8:30 – 9:00 am | Registration and Continental Breakfast |
| 9:00 – 10:00 am | Welcome, Introductions & NCAL Update
LaShuan Bethea Executive Director National Center for Assisted Living

LaShuan Bethea will give a national update on the sector and NCAL's priorities and key initiatives to advance the profession. |
| 10:00 – 10:15 am | Break |
| 10:15 – 11:15 am | DSS Update
Tara L. Davis Division Director for Licensing Programs
Virginia Department of Social Services (DSS)

Tara Davis will provide an agency update covering legislation as it relates to assisted living, the latest regulatory and inspection issues, and top 10 citations. |
| 11:15 – 11:45 am | Using Data to Support Quality Improvement
Pamela Truscott, DNP/HSL, MSN/Ed, RN
Director of Quality Improvement National Center for Assisted Living

Assisted living communities are progressively being asked to "prove" their quality outcomes and show data to support their quality of care and services being provided. Pam Truscott will explore the benefits, rationales, and importance of tracking, trending, and utilizing data to make informed decisions and how to use data as a metric for your continuous quality improvement processes. |
| 11:45 – 12:15 pm | Why the Quality Award Journey Matters
Wendy Walter Regional Director of Operations CCR

Wendy Walter will discuss AHCA/NCAL's National Quality Award program by giving an overview of the program and the application process as she highlights the benefits of taking the Quality Award journey. |
| 12:15 – 1:15 pm | Lunch |

1:15 – 2:15 pm

A Look at Q4 2023 Most-Cited Deficiencies & Strategies to Reduce Risk
Mary Chiles | President | Chiles Healthcare Consulting, LLC

During this session, Mary Chiles will help attendees explore the most frequent deficiencies cited by DSS from 4th Quarter 2023. She will also take a deep dive into elements of a successful medication management plan and explore strategies to improve medication management and reduce risk for adverse resident outcome and inspection findings.

2:15 – 2:30 pm

Break

2:30 – 4:00 pm

Best Practices in Medication Management
Layla Hopwood | Consultant Pharmacist | PruittHealth Pharmacy Services

Layla Hopwood will discuss best practices for implementing an effective medication management plan. She will focus on how a well-designed medication management plan will work with pharmacy to assist in better overall care of residents by avoiding medication errors and appropriately administering medications for their maximum benefit.

What You Need to Know about Medication Management for Hemp and Medical Cannabis

Alexandria Hill, DNP, GERO RN-BC, RAC-CT, QCP

Chief Nursing Officer | Cannability Consulting

Director of Quality Improvement | Westminster Canterbury on Chesapeake Bay

Victoria Crenshaw | Chief Operating Officer | Cannability Consulting

Senior Vice President of Health and Innovation/Executive Director of Opus Select | Westminster Canterbury on Chesapeake Bay

Assisted living community leaders need to know how to apply medication management and pharmacy collaboration concepts to hemp and medical cannabis in their facilities. Alexandria Hill and Victoria Crenshaw will discuss the current legislative landscape, associated risks, benefits, key implications for practice, and the need for staff competency on this emerging topic.

Continuing Education

VHCA-VCAL is a NAB-Certified CE Provider. This program has been approved for Continuing Education 5.50 total participant hours by NAB/NCERS—Approval #20250410-5.50-A101788-IN.

Register online: www.vhca.org/calendar.